



"Live the Stellar Life!"

September 2010

Wexford Place

**Location Legend**  
 ACR Arts & Crafts  
 PDR Pvt. Dining Rm.  
 LR Living Room  
 SR Stratford Room  
 C Chapel  
 CL Computer Lab  
 DR Dining Room  
 SS Soda Shop  
 P Pool

**100 and Still Going Strong National Centenarian's Day**  
 on Sept. 22 recognizes and honors individuals who have lived a century or longer.

**Holiday ABCs for September**  
 A is for the Arrival of fall  
 U is for a new season Under way  
 T is for Trees and leaves changing colors  
 U is for Umbrellas and fall rain showers  
 M is for Morning dewdrops  
 N is for all of Nature's beauty

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Grandparents Day</i> 1st Sunday after Labor Day</p>	<p><b>HONOR LABOR DAY</b></p>	<p><b>SEPTEMBER</b></p>	<p><b>1 SHOPPING DAY</b>            9am Exercise w/ Weights            10am Hen House Shopping            11:30am Lunch Bunch            1pm Sun Fresh Shopping            2pm Thrift Store            2:45pm Senior Star Rehearsal</p>	<p><b>2 PROFESSIONAL APPOINTMENTS</b>            9:00 Water Exercise            9:00 Exercise w/ Weights, ER            10:30 Catholic Services, C            1:00 Poker Game, PDR            2:00 Bible Study, C            7:00 Bingo Game, SR</p>	<p><b>3 SHOPPING DAYS</b>            9am Exercise w/ Weights            10am Walmart/Barry Road (2hrs)            12:30 Mystery Drive            2:30pm Happy Hour, SS            6:30pm Bingo</p>	<p><b>4 ICE CREAM SHOP</b>            9am Water Exercise            10:00 Bible Study, PD            1pm Ice Cream Shop, SS            7pm Bingo Game, SR</p>
<p><b>5</b>            10:30am Catholic Svc., C            10:25am Bus to Platte Woods United Methodist Church            3:30pm Walk Through the Bible w/ Rev. Overman            7pm Sunday Eve. Worship, SR</p>	<p><b>6 PROFESSIONAL APPOINTMENTS LABOR DAY</b>            9:00 Water Exercise            9:00 Exercise w/Weights, ER            2:00 Sewing group            7:00 Northland Cathedral, SR</p>	<p><b>7 PROFESSIONAL APPOINTMENTS</b>            9am Weights Exercise            10:00 Sunny Side up-SR "Moldiova"            1pm Current Events, ER            2:00 Video Bowling            2:30 Doug Williams-Piano LR            7:00 Bingo</p>	<p><b>8 SHOPPING DAY</b>            9am Exercise w/ Weights            10am Hen House Shopping            11:30am Lunch Bunch            1pm Sun Fresh Shopping            2pm Thrift Store            2:45pm Senior Star Rehearsal</p>	<p><b>9 PROFESSIONAL APPOINTMENTS</b>            9:00 Water Exercise            9:00 Exercise w/ Weights, ER            9am <b>CLOTHESLINE SHOP</b>            10:30 Catholic Services, C            1:00 Poker Game, PDR            1:00 Kitchen Tour            2:00 Bible Study, C            7:00 Bingo Game, SR</p>	<p><b>10 SHOPPING DAYS PIE TASTING HAPPY HOUR MEN'S GROUP OUTING</b>            9am Exercise w/ Weights            10:30 Men's group outing            1pm Walmart Trip            2:30pm Happy Hour, SS</p>	<p><b>11 ICE CREAM SHOP HONORING HEROES OF 9/11</b>            9am Water Exercise            10:00am Bible Study, PD            1pm Ice Cream Shop, SS            2pm Tribute SR            7pm Bingo Game, SR</p>
<p><b>12 GRANDPARENTS DAY</b>            10:30am Catholic Svc., C            10:25am Bus to Platte Woods United Methodist Church            3:30pm Walk Through the Bible w/ Rev. Overman            7pm Sunday Eve. Worship, SR</p>	<p><b>13 PROFESSIONAL APPOINTMENTS</b>            9:00 Water Exercise            9:00 Exercise w/Weights, ER            11:30 Life Stories &amp; Pizza            1:30 "Beyond the Blues" Support Grp. PDR            2:00 Sewing group            2:00 Wii Video Tennis, SR</p>	<p><b>14 PROFESSIONAL APPOINTMENTS BIRTHDAY LUNCH</b>            9am Weights Exercise            1:00 Current Events, ER            2:00 Video Bowling            7:00 Bingo</p>	<p><b>15 SHOPPING DAY</b>            9am Exercise w/ Weights            10am Hen House Shopping            11:30am Lunch Bunch            1pm Sun Fresh Shopping            2pm Thrift Store            2:45pm Senior Star Rehearsal</p>	<p><b>16 PROFESSIONAL APPOINTMENTS</b>            9:00 Water Exercise            9:00 Exercise w/ Weights, ER            10:30 Catholic Services, C            1:00 Poker Game, PDR            2:00 Bible Study, C            7:00 Bingo Game, SR</p>	<p><b>17 SHOPPING DAYS RED HAT LUNCH</b>            9am Exercise w/ Weights            10:00 Walmart            12:00 Red Hat lunch            2:30 Focus Mix &amp; Mingle            6:30 Bingo Game SR</p>	<p><b>18 ICE CREAM SHOP</b>            9am Water Exercise            10:00am Bible Study, PD            1pm Ice Cream Shop, SS            7pm Bingo Game, SR</p>
<p><b>19</b>            10:30am Catholic Svc., C            10:25am Bus to Platte Woods United Methodist Church            3:30pm Walk Through the Bible w/ Rev. Overman            7pm Sunday Eve. Worship, SR</p>	<p><b>20 PROFESSIONAL APPOINTMENTS SENIOR STARS AWAY</b>            9:00 Water Exercise            9:00 Exercise w/Weights, ER            11:00 Senior stars depart            11:30 Life Stories &amp; Pizza            2:00 Sewing group            3:00 Book Club            7:00 Northland Cathedral, SR</p>	<p><b>21 PROFESSIONAL APPOINTMENTS SPARKLE JEWELRY</b>            9am Weights Exercise            12:30 Sparkle jewelry            1:00 New Neighbors-ACR            1pm Current Events, ER            2:00 Video Bowling            7:00 Bingo</p>	<p><b>22 SHOPPING DAY National Centenarian's Day</b>            9am Exercise w/ Weights            10am Hen House Shopping            11:30am Lunch Bunch            1pm Sun Fresh Shopping            2pm Thrift Store            2:45pm Senior Star Rehearsal</p>	<p><b>23 PROFESSIONAL APPOINTMENTS FALLS PREVENTION AWARENESS DAY</b>            9:00 Water Exercise            9:00 Exercise w/ Weights, ER            10:30 Catholic Services, C            2:00 Bible Study, C  <b>CANDLELIGHT DINNER</b>            7:00 Bingo Game, SR</p>	<p><b>24 SHOPPING DAYS FINAL BRANSON PAYMENT WESTON RED BARN FARM</b>            9am Exercise w/ Weights            10:00 Walmart            12:00 Weston Red Barn Farm            2:30pm Happy Hour, SS            7:00 Game Night &amp; Social</p>	<p><b>25 ICE CREAM SHOP</b>            9am Water Exercise            10:00am Bible Study, PD            1pm Ice Cream Shop, SS            7pm Bingo Game, SR</p>
<p><b>26 FAUBION UNITED METHODIST Rhapsody Bell Ringers</b>            10:30am Catholic Svc., C            10:25am Bus to Platte Woods United Methodist Church            2:00 Bell Ringers &amp; presentation            3:30pm Walk Through the Bible w/ Rev. Overman            7pm Sunday Eve. Worship, SR</p>	<p><b>27 PROFESSIONAL APPOINTMENTS</b>            9:00 Water Exercise            9:00 Exercise w/Weights, ER            11:30 Life Stories &amp; Pizza            2:00 Sewing group            2:00 Wii Video Tennis, SR</p>	<p><b>28 PROFESSIONAL APPOINTMENTS TOWN HALL MEETING</b>            9am Weights Exercise            1pm Town Hall            2:00 Video Bowling            3:30 Brain Fitness            7:00 Bingo</p>	<p><b>29 SHOPPING DAY</b>            9am Exercise w/ Weights            10am Hen House Shopping            11:30am Lunch Bunch            1pm Sun Fresh Shopping            2pm Thrift Store            2:45pm Senior Star Rehearsal</p>	<p><b>30 PROFESSIONAL APPOINTMENTS ADVANCE DIRECTIVES PLANNING</b>            9:00 Water Exercise            9:00 Exercise w/ Weights, ER            10:30 Catholic Services, C            1:00 Advance Directives SR            2:00 Bible Study, C            7:00 Bingo Game, SR</p>	<p><b>PLEASE REMEMBER TO SIGN UP FOR ALL SHOPPING TRIPS AND TOURS AS THIS WILL HELP US SERVE YOU BETTER. THANK YOU</b></p>	<p><b>ICE CREAM SHOP: 1:00 MONDAY TUESDAY THURSDAY SATURDAY .25 PER SCOOP</b></p>